



Congregational Survey Results

At our Body Check-Up meeting on February 18th, the elders shared an overview of the results from the Congregational Survey filled out in the fall. If you would like a copy, it is available Sunday mornings or on our website under “Resources/ Church Documents”. This summary is seven pages in length, but in this article I am attempting to distill the findings down to one page! As the elders worked through the survey, we broke it down into the following three categories:

Who We Are: There were a few things that stood out in this section of the survey. The first is that we are a highly educated congregation. This demographic detail is reflected both in the “skills” section of the survey as well as what we want to do (i.e. it’s no surprise that “Teaching” was one of our top categories for ways we want to serve our community). A surprise came from the zip code map. Based on those who filled out a survey, our congregation is nearer to the church and further north than we expected. Or, to put it another way, we have fewer people living in outlying areas than in decades past. And though it can seem like Seattle and CC are somewhat transient communities, the majority of respondents have lived here for more than six years and don’t plan on moving. Our spiritual gifts have a strong “relational” bent such as hospitality, serving, and encouragement, but we are growing in other gifts such as intercession, healing, and prophecy. We are hungry for meaningful community and desire ways for our faith to be lived out in the world around us.

What We Want To Do: The category that stood out as a possible way of serving our community was “Providing: Meeting vital needs”. This not only had the most votes as an overall category, but also the most responses to specific options within the category. The top two activities were “Serving meals/ distributing sundries” and “Childcare/child and youth programs”. The other two popular categories were “Teaching: Helping with basic needs” and “Hospitality: Meeting fellowship needs”. Within these two categories the top activities were “tutoring children/youth with academic skills”, “hosting a social activity”, and “hosting a Bible study in my home”. The last category of note was “Outreach: Befriending the disadvantaged/ marginalized”. Within this category, respondents had an interest in “befriending immigrants or international students”.

Where We Want To Do It: There were two questions within the survey about neighborhoods in which we would like to serve. The general question about “regions” of the city made it clear that we strongly prefer focusing on neighborhoods north of 520, Lake Union, and the Ballard Locks and south of Shoreline (these were Regions 2 & 3). When asked about specific neighborhoods, it’s even clearer that our preference is to stay close to where we are currently or along the I5 corridor as we head north. The top neighborhoods were the University District, Northgate, Green Lake, Lake City, and Greenwood.

Next Steps: The elders are eager for your input and ideas, as well as your prayers as we continue to discern the Lord’s leading for our body. We are also aware of a couple conferences taking place in the coming months that we believe could be very helpful learning environments, and encourage your involvement. For info. on these conferences, you can use these websites: <http://www.missionalmatrix.com/> and <http://www.missionlearningday.eventbrite.com/>

The Pastor's Letter

- Excerpted from Paul Borthwick's book, *101 Ways to Simplify Your Life*



Lenten Simplicity

One hundred years ago, “burned out” referred to the campfire. “Chronic fatigue syndrome” occurred only in insomniacs. People described an automobile on ice as being “out of control,” but they wouldn’t refer to their lives that way. Times change. Our lives get cluttered. As we face the new millennia, we live in what Alvin Toffler calls the “age of over-choice.” We face so many options. We spend millions of dollars visiting therapists who help us manage out stress and billions to buy headache medications when the therapists cannot dispel the tension within.

We are surrounded by numerous options. Gathered around each of us is a massive array of alternatives. Some must be done, others can be put off. Some are bad. Others are good. Some tend to deceive us. Others try to motivate us. And the supply is ever-increasing – tending to overwhelm us. We are over-stimulated, over-challenged, over-exposed. And if we don’t watch out, we can become over-committed.

Consider television. I am what sociologists call a “Baby Boomer.” (Born in 1954, I’m part of a mass of people born between 1946 and 1964, the “boom” following World War II.) When I was a child, our family purchased our first TV. In those days, there were three network stations in Boston, and I think they signed on at 6:00 A.M. and off at midnight. As a teenager, UHF stations were introduced. The choices of TV stations doubled, and several channels went to twenty-four hour

programming. In the late ‘70s cable TV was added. With the right cable subscription, I can change channels every minute and not repeat a channel in several hours. Cable TV epitomizes the growth of choice!

Mark Littleton summarizes our cluttered lives by identifying these root causes:

- ◆ Too many desirable activities beckoning for your attention
- ◆ Too many important choices to make every day
- ◆ Too much information coming at you
- ◆ Too many voices calling for your attention
- ◆ Too many things you want and can have at the plink of a credit card
- ◆ Too many people telling you what’s important
- ◆ Too many entertaining entertainments
- ◆ Too many things that we “need” to function well

Root causes lead to *symptoms* where over-choice has started to paralyze us. Some of the symptoms of a cluttered life include: *Inability to make commitments. Inability to decide which choices really matter. Inability to relax or get quiet. Constant feelings of dissatisfaction. Lots of activity but little focus.*

What can we do about it? Some choose to quit by running from their commitments. Others choose to “go with the flow”, adopting a passive approach to life. My wife Christie and I have chosen to choose. We decided to be proactive with respect to our choices.

Here are a few suggestions for simplifying your life: • Define your real needs as opposed to wants • Stay out of debt • Buy slowly • Eat slowly • Develop an appreciation for nature • Take a hike or go to the park • Make a memory for free • Make time for others • Turn off the TV and bring out a board game • Listen carefully • Enjoy an occasional feast • Make time for quiet reflection and prayer.



This coming summer we’d like to take advantage of the expertise, curiosity, and diverse interests of our congregation by coordinating **Special Interest Summer Groups**. Although the name is not clever, it is practical. These groups are intended to meet anywhere between 4-8 weeks during the summer. Rather than try to gather by proximity, special interest cores collect around a shared interest or particular topic. Last year we had a number of special interest cores revolving around (but not limited to): parenting, living with chronic illness, and stewarding our finances. These were wonderfully received and attended. This year we desire to once again consider what topics are important to us and develop structured times to learn, dialogue and pray together. If you have a topic that you would like to see offered, we welcome your suggestions and participation. Please feel free to contact Andrea at 206.633.4134 or

Meet Glenn Robinson, Executive Director of Jubilee Youth Ranch & Christian Academy



Today, in the United States of America, one third of all students are not finishing high school! The National Association of Street Schools estimates that there are 11 million troubled adolescents (of a total "0 to 17 age" population of 73 million), and only 600 schools in our country that are focused on this proportion of the student population. One of those is Jubilee Youth Ranch and Christian Academy, where we offer an educational "intensive care unit" to help students who are not currently experiencing academic or personal success in life.

I believe that Jesus is also focused on those 11 million students -- not as rejects, losers or cast-offs, but as potential leaders of the next generation, precisely because of their brokenness now. He lives to offer His life-changing power to enable love to transform defeat into victory!

As a faith-based organization, the mission of Jubilee Youth Ranch and Christian Academy is to offer students a new chance to become successful in school, and in life, by increasing performance in academics, life-skills, and spiritual development. As students live their way into trusting relationships with our dedicated staff, Jesus really does come again as they begin to recover, or perhaps find for the very first time, a deeper sense of love and belonging, and with that, new meaning and purpose for their lives.



Glenn will be sharing at our March 11 worship service. You can join him for a more leisurely lunch and time of sharing and prayer at the home of the Glad's following the service.

Safety First, Part III

Keeping our children and our church safe from child abuse

We at Calvary Chapel take seriously the privilege and responsibilities of discipling and nurturing the children God has entrusted to our care. Our goal as leaders and volunteers of programs involving children is to create a safe environment where children are able to develop spiritually, emotionally, socially, and relationally. One of the best ways to create this safe environment is to educate our congregation on the policies we follow in programs for children, because this will help all of us to follow the policies. It also discourages would-be predators, who will move on to another place where their activity might go undetected. This is an instance in which the more eyes, the better!

One set of policies focuses on supervision of children when attending an organized Calvary Chapel event, such as Sunday morning children's church or childcare during an activity. Here's a sample:

Two adult rule: We would like to have two adults present during any activity that involves supervision of children, and prefer that at least one adult be over 21 years of age. While sometimes a group is small enough that one adult can easily teach and keep order by themselves, we want to avoid any situations when an adult would be alone with a child. This is both for the safety of the child, and also to protect the adult from false accusation. Having two adults present often makes practical sense, as well, such as in situations of a child being injured or distraught. One adult can stay with the class while another adult secures help from the child's parents or staff. Having a minimum of two adults just makes sense!

Parent Sign In: When parents sign their children into a class, we as a church body take responsibility to keep children safe and accounted for until the child is turned back over to the parent after the activity is ended. Children cannot be released to find their own parent after an event is finished. While it might be easy to feel that we "know" everyone, and have no need for signing kids in and out, the truth is that not every adult in Calvary Chapel knows exactly which family every child belongs to. And visitors will certainly be more trusting of their children to our care if we show attention to this detail. The sign in sheet is also a written record of the two adults who were present with the children for any given Sunday. All this makes it an especially important piece of paper to find each Sunday if you are a parent!

Although we cannot guarantee that sexual abuse will not happen at Calvary Chapel or a related church event, we can work to make sure that all individuals working with children will be educated on and agree to the safety policies and procedures of the church. We can also endeavor to have a broad education of our ministry leaders, elders, staff, and church body on this topic. It is my genuine hope and prayer that with these safeguards in place, children and volunteers can focus instead on how to grow in their relationship to Jesus in the midst of a loving, caring church home.

If you have specific questions, or would like to see our safety policies so far, please contact me.

In Him,
Connie



Calvary Chapel meets at the Green Lake Church, 6350 E. Green Lake Way N.
 Phone: 206.633.4134
<http://www.ccseattle.org>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The names on each day represent the current schedule for Prayer & Fasting. If you would like to join the rotation please contact the office.				1 Elder Meeting 7:00 PM Bill & Becky G.	2 Jr. High Camp at Lakeside Steve & Annabelle R.	3 Lorelle J.
4 Intercession – 8:00 AM Worship—Communion 10:00 AM New Comers Lunch-12PM Lent Dinner Love & Logic—6:00 PM Renee L.	5 Wendy A.	6 Bill & Kris H.	7 Prayer Meeting at the Lijja's—8:30 PM TG 7:00 PM @ the church Troy S.	8 Michelle H.	9 Harry & Kathleen L.	10 Remember! Time Changes this Sunday! Connie S.
11 Intercession – 8:00 AM Worship—Prayer & Anointing 10:00 AM MTM — Lunch at the Glad's Love & Logic—6:00 PM David & Amy L.	12 Becky Z.	13 Garett B. & Michelle Q.	14 TG 7:00 PM @ the church Jim & Chikako M.	15 Elder Meeting 7:00 PM Jerry & Daelene K.	16 Doug W.	17 Core Group Leader Meeting Troy S.
18 Intercession – 8:00 AM Child Abuse Awareness—9AM Worship—Kids in Worship 10:00 AM LUNCH! - 12PM Love & Logic—6:00 PM Worship Night—6:30 PM Ian H.	19 Scott & Kristen O.	20 Rena C.	21 Prayer Meeting at the Lijja's—8:30 PM TG 7:00 PM @ the church Erik L.	22 Lauren H.	23 Andrea Z. & Angie D.	24 Kay S.
25 Intercession – 8:00 AM Worship—Prayer & Anointing 10:00 AM Lent Dinner Love & Logic—6:00 PM Jeff & Jeanie D.	26 Greg & Lisa D.	27 Mark & Jessica B.	28 TG 7:00 PM @ the church John & Linda C.	29 Bill & Becky G.	30 Prayer Team Training Steve & Annabelle R. Lorelle J.	



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